

## Resources for Households Impacted by COVID-19

### Unemployment Insurance

*If your work hours have been reduced or eliminated, apply for unemployment insurance from the State of Minnesota. The usual waiting period has been waived. If you are sick, quarantined, or home because of an outbreak at your work, you qualify for unemployment. If you stay home due to lack of child care, you may qualify for unemployment.*

- Apply online in English, Spanish, Somali, or Hmong: [uimn.org](http://uimn.org)
- Or call 651-296-3644 (Twin Cities) if you don't have internet access or if you don't speak English, Spanish, Somali, or Hmong. Press 1 to request an interpreter.

### Emergency Assistance

*If you need help paying for rent, food, or childcare, apply online for assistance from your county.*

- Apply online: [applymn.dhs.mn.gov](http://applymn.dhs.mn.gov)
- If you don't have internet access, call the county where you live. In the Twin Cities region:
  - Hennepin County: 612-596-1300
  - Ramsey County: 651-266-4884
  - Dakota County: 651-554-5611
  - Anoka County: 763-422-7200
  - Washington County: 651-430-6459
  - Scott County: 952-496-8686
  - Carver County: 952-361-1600

### Food

*If you need immediate help with food, or help applying for food benefits (SNAP):*

- Find food shelves and free meals near you: [hungersolutions.org](http://hungersolutions.org)
- If you don't have internet access, call 1-888-711-1151

### More Health and Human Services

*In Minnesota, contact United Way:*

- Dial 2-1-1 or visit [211unitedway.org](http://211unitedway.org)

### Utilities

- Xcel Energy will indefinitely suspend service disconnections and waive late fees when associated with COVID-19 challenges. Call 1-800-895-4999.
- CenterPoint Energy is doing the same for gas. Call 1-800-245-2377.

### Legal Assistance

*If you need legal assistance with housing, finance, work, benefits, or another matter:*

- Apply for free legal help at [lawhelpmn.org](http://lawhelpmn.org)
- If you don't have internet access, call the intake line for your area:
  - Hennepin or Anoka County 612-334-5970
  - Ramsey, Dakota, Washington, Scott, or Carver County 1-888-575-2954

### 2020 Census

*The census will determine federal funding for our state, which is necessary for addressing the long-term impacts of this pandemic. Responding to the census survey is fast and easy.*

- Take just a few minutes to fill out the census at [2020census.gov](http://2020census.gov)